



# Summer Teen and Mini Tennis and Multi-Activity Camps Series 2021

*Run by Jamie Pilkington At*

## **RATHGAR TENNIS CLUB**

5 day morning tennis camp

**Time:** 10am to 1pm

For Juniors born 2016 & older

### **Dates:**

**Camp 1 Mon 21<sup>st</sup> June – Friday 25<sup>th</sup> June**

**Camp 2 Mon 28<sup>th</sup> June – Friday 2<sup>nd</sup> July**

**Camp 3 Mon 5<sup>th</sup> July – Friday 9<sup>th</sup> July**

**Camp 4 Mon 12<sup>th</sup> July– Friday 16<sup>th</sup> July**

**Camp 5 Mon 19<sup>th</sup> July– Friday 23<sup>rd</sup> July**

**Camp 6 Mon 26<sup>th</sup> July – Friday 30<sup>th</sup> July**

**Camp 7 Mon 3<sup>rd</sup> August – Friday 6<sup>th</sup> August (4 day camp only)**

**Camp 8 Mon 9<sup>th</sup> August – Friday 13<sup>th</sup> August**

**Camp 9 Mon 16<sup>th</sup> August – Friday 20<sup>th</sup> August**

*(please circle the week/weeks you wish to attend)*

**Price:** Week camps are €115 for members; €130 for non-members, 4 day camps are €105 for members and €120 for non-members. Payments of cash or cheque only and cheques to be made payable to Jamie Pilkington. Forms and payment are to be left in the post box outside the clubhouse for Jamie's attention. Please pay in advance to secure a place as places will be limited.

### **Essential guidelines on Covid 19 for attending Tennis Camp**

- Children must follow coaches' instructions regarding COVID 19 Protocols
- Children must bring their own hand sanitiser
- Temperatures will be taken at the start of each camp daily

As we are all learning to work within the Tennis Ireland guidelines we ask that you carefully read this note and inform your child as to best practice for their time at our camps. They will be continuously reminded of these protocols throughout their week. The health and safety of the children and coaches is our priority, if a child is consistently not following coaches' instructions regarding COVID-19 protocols they will be removed from the camp.

The following conditions must be complied with in order for your child to attend the camp.

- Your child must not have been out of the country in the 14 days prior to the start of the camp
- Your child must not have been in contact with a person displaying the symptoms of COVID19 in the 14 days prior to the start of the camp
- Your child must not have or had in the 48hrs, prior to the start of the camp any of the following symptoms
  - Cough
  - Fever
  - Shortness of breath
  - Excessive fatigue/tiredness(out of proportion to normal Sore Throat)

In addition children are asked to stay home if they feel generally unwell, and to consult your GP. If a participant becomes unwell during the camp, they will be isolated from other participants and parents will be called to collect them as soon as possible.

The children will be encouraged to adopt good respiratory hygiene, covering their nose and mouth when they cough or sneeze, and using a tissue (which is immediately disposed of) or their elbow.

There will be a contactless infrared temperature check for all coaches & children daily at the start of each camp.

Please note current Government advice is that "participants should travel to the activity venue alone or with members of the same household. Sharing transport is not advised in this phase of the roadmap".

Children will each be assigned an area where they can leave their gear. Please ensure that water bottles, clothing, rackets etc. are clearly labelled. There is no sharing of personal equipment permitted. Children will be outside for the duration of the camp please ensure they have appropriate wet weather gear. Each child needs to bring their own small bottle of sanitiser. There will also be hand sanitiser at the entrance and exit of the Courts. Children will be asked to sanitise their hands whenever they enter or exit the court.

By your child attending the camp it is deemed you are aware of and comply with all the conditions and protocols outlined in the note above.

*All kids will learn and advance based on their ability but the camps will concentrate on technique, tactical awareness and physical development for tennis. This will all be delivered in a fun filled environment and prizes will be given on a constant basis.*

*Groups will be assigned by age and standard*



## Registration Form

Name of Junior(s): 1. \_\_\_\_\_ Date of Birth: \_\_\_\_\_  
2. \_\_\_\_\_ Date of Birth: \_\_\_\_\_  
3. \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Parent/Guardian's Name and Mobile Number:

\_\_\_\_\_

Please sign here if you **OBJECT** to photographs being taken during the camp

\_\_\_\_\_

**Full Payment (amount):** \_\_\_\_\_ **CASH, OR CHEQUE PAYMENTS ONLY**

Note: A 10% discount will be given for second and subsequent children within a family i.e. charge for camp for first child is €115; charge for second and subsequent children is €103.50 each.

Please sign below if you give parental/guardian permission for medical assistance to be given if required for minor incidents.

\_\_\_\_\_

Places are limited. Note: camp will only go ahead if there are sufficient numbers.

Non members will only be taken if spaces are available one week prior to camp commencing, and at a cost of €130.

*Bring snacks, rain jacket, sun cream and lots of drinks. Camp will move inside for wet days schedule in the event of heavy rain.*

*Any queries please contact Jamie on rathgartenniscamp2021@gmail.com or 086 8269960*

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